

## *Prayer reflection:*

- ☐ **Praise / Adoration**  
Declaring who God is; focusing on His character and majesty.
- ☐ **Thanksgiving**  
Expressing gratitude for what God has done.
- ☐ **Supplication**  
Bringing personal needs and requests before God.
- ☐ **Intercession**  
Praying on behalf of others; standing in the gap.
- ☐ **Confession**  
Acknowledging sin and seeking forgiveness.
- ☐ **Lament**  
Pouring out grief, sorrow, or distress with honesty.
- ☐ **Dedication / Consecration**  
Offering yourself and your life to God's service.
- ☐ **Imprecatory Prayer**  
Calling for God's justice against evil.
- ☐ **Blessing / Benediction**  
Speaking God's favour and goodness over others.
- ☐ **Meditation**  
Quietly reflecting on God's word or works; filling the mind with Scripture.
- ☐ **Worship (as prayer)**  
Responding to God with awe, reverence, and devotion.
- ☐ **Spiritual Warfare Prayer**  
Standing firm against spiritual opposition using truth and Scripture.
- ☐ **Vows**  
Making promises to God in prayer.